

# CIRRICULAM VITAE

Dr UMESH VERMA

M.S. (Ophthalmology-AYU)

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## CAREER OBJECTIVE-

I shall work in position where my medical and surgical knowledge, hard work and personal skill can provide significant contribution to the growth of my organization.

## ACADEMIC DETAILS-

DEGREE	PASSING YEAR	SCHOOL/INSTITUTE	UNIVERSITY
M.S.	P.G.	Y.M.T. AYURVED MEDICAL COLLEGE, KHAGHAR.	M.U.H.S Nashik
B.A.M.S.	2010	ALVA'S AYURVEDIC MEDICAL COLLEGE, MANGLORE	R.G.U.H.S BANGLORE

## EXPERIENCE-

1) NAME OF THE INSTITUTE: Y.M.T. AYURVEDIC MEDICAL COLLEGE  
KHARGHAR, NAVI MUMBAI

POST : P.G (AYU)

DURATION : NOVEMBER 2015 TO FEB 2019 .

2) NAME OF THE INSTITUTE: LION'S EYE HOSPITAL ALIBAG

POST : MEDICAL OFFICER

DURATION : FIVE AND HALF MONTHS

(ON BEHALF OF COLLEGE)

3)NAME OF THE INSTITUTE: UDYAGIRI LION'S EYE HOSPITAL,UDGIR

DURATION: SEVEN AND HALF MONTHS(BREAK DUE-  
ACCIDENTS)

### **SKILL AND STRENGTH-**

Excellent communication skill and co-ordination with seniors and patients.

Able to work independently as well as part of team.

Sincere and hard worker.

### **WORK DONE:**

- 1) MORE THAN 75 CATARACTS OPERATED UNDER GUIDANCE TILL DATE
- 2) OPERATED 12PTERYGIUMS AND 10 CHALASIONS OPERATED
- 3) D.C.T., D.C.R., SQUINT, KERATOPLASTY ASSISTED
- 4) SPECIAL WORK DONE IN NETRA-KRIYA KALPA'S LIKE-
  - a) TARPANA KARMA IN DRY EYE SYNDROME, OPTIC ATROPY, MYOPIA

- b) ASCHOTANA ANJANA SEKA KRIYA'S IN GLAUCOMA, CONJUNCTIVITIS, COMPUTER VISION SYNDROME, AND DIABETIC RETINOPATHY.
- c) RAKTMOKSHANA-JALOUKAVACHARANIN GLAUCOMA & PTOSIS.
- d) AGNIKARMA IN GLAUCOMA.
- e) NASYA IN VARIOUS OPHTHALMIC & NASAL ALLERGIC DISEASES.
- f) SHIRODHARA IN OPHTHALMIC & ENT DISEASES

**SOCIAL WORK :**

EYE CAMPS :

DIAGNOSTICS : 47

SURGICAL : 9

**PAPER PRESENTATION (NATIONAL & INTERNATIONAL LEVEL):**

NAME OF PAPER : A CASE STUDY -YASTIMADHU TAIL NASYA AND ORAL MEDICATION ON VITEROUS HAEMORRHAGE

DATE & VENUE : AUG 16-17, 2017, NATIONAL CONFERENCE ON DIABETES MELLITUS

**M.S. DISSERTATION TOPIC :**

EFFICACY OF DUGDHASAINDHAV PARISHEK IN THE MANAGEMENT OF SUSKAKSHIPAKA WITH SPECIAL REFERENCE TO DRY EYE SYNDROME

DATE : 03-11-2018

**SEMINAR ATTENDED:**

1. BASIC WORKSHOP IN RESEARCH METHODOLOGY, MUHS NASHIK

2. HORMONAL DISORDERS AND ITS AYURVEDIC MANAGEMENT  
2016
3. THE ASSOCIATION OF SHALAKI-SYNERGY 2016
4. NATIONAL INTEGRATED MEDICAL ASSOCIATION- SCIENTIFIC  
CONFERENCE 2017
5. AYUR KAUSHALYA 2017
6. DIABETES MELLITUS – FROM LABORATORY TO PRACTICE 2017

**HOBBIES AND INTERESTS-**

Watching movies and news channels, listening music and reading books.

**PERSONAL DETAILS-**

Nationality- Indian

Language proficiency- English, Hindi

Birth Date- 12-09-1981

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