



**DR.VARSHA RAGHUNATH MORE**

**BAMS , MD (Ayurveda Vachaspati-Kriya Sharir)**  
**Assistant Professor at Department of Kriya Sharir**  
**Jeevak Ayurvedic medical college and hospital research center,**  
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**Career objective**

- Desire to work as a good Ayurveda teacher and genuine researcher.
- Complete the administrative responsibilities properly and honestly.

**Educational qualification**

Degree	Institute	University/Board	Year	
MD Kriya Sharir	Banaras Hindu University, IMS, Faculty of Ayurveda Department of Kriya Sharir, Varanasi Uttar Pradesh	Banaras Hindu University, IMS , Faculty of Ayurveda Department of Kriya Sharir, Varanasi Uttar Pradesh.	2019	
BAMS	MAM's Sumatibhai Shah Ayurveda College Hadpsar Pune, Maharashtra	Maharashtra University of Health Sciences Nasik, Maharashtra	2004	
HSC	Sadhana Junior College, Hadpsar Pune, Maharashtra	State Board of Maharashtra	1999	
SSC	K.A.M. Patil Vidyalaya,Pimpalner Maharashtra	State Board of Maharashtra	1997	

**Dissertation for M.D. Kriya Sharir**

**Development, implementation and evaluation of the Problem-Based Learning modules in Kriya Sharir with special emphasis on integrative approaches**

### CONFERENCE /WORKSHOPS/ TRAINING ATTENDED:-

- National symposium on ‘*shotha* and unified theory of inflammatory diseases’ February 2017
- National symposium on Epigenetic regulation of inflammation ‘the *shotha*’ February 2018
- National symposium on research ethics and scientific publishing ‘Where and how to publish’ March 2019
- National workshop on ‘Basic level clinical approaches of *Charak samhita*’ January 2108
- National workshop on ‘*Yoga and Swasthya*’ June 2018
- National seminar on “Role of basic sciences to develop diagnostic tools for *srotodushti* w.s.r to *purvarupa* of metabolic disorder” April 2018
- World congress of Ayurveda BHU March 2019

### PUBLICATIONS

1. Patwardhan K, Prasad BS, Aftab A, Raghunath More V, Savrikar SS. Research orientation in Ayurveda educational institutions: Challenges and the way forward. *J Ayurveda Integr Med.* 2019;10(1):45–49. doi:10.1016/j.jaim.2018.12.001
2. More V, Singh G, and Patwardhan, K. (2020). Introducing Hybrid Problem-Based Learning Modules in Ayurveda Education: Results of an Exploratory Study. *The Journal of Alternative and Complementary Medicine*, 26(2), pp.130-137.

### AREA OF SPECIAL INTEREST:-

Ayurveda education, Medical education.

### WORKING EXPERIENCE:

Worked as Assistant Professor at SAS Ayurveda college and hospital Harhua Varanasi from Dec 2019 to September 2020.